

DEVELOP AS A WORKER



Product Syllabus:

- What development is about
- Basic duties and how they develop
- Dealing with change
- Sources of information
- The role of your manager
- Working with others
- The roles of others
- Being supported
- Giving support
- Taking responsibility
- Being accountable
- Seeking help
- Human needs and their development
- Taking care of yourself
- Health promotion
- Nutrition and diet
- Sleep problems
- Stress
- Reflective practice
- Supervision
- Personal development plans
- Delivering best practice care
- Training
- Gaining skills
- Feedback
- Health and social care qualifications

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