

# EATING DISORDERS



## Product Syllabus:

- What is an eating disorder?
- Types of eating disorder
- Risk factors
- Factors leading to eating disorders
- Eating disorders & psychological problems
- Men & eating disorders
- Anorexia nervosa
- Features of anorexia
- Personality traits & anorexia
- Strange behaviours
- Starving and restrictive dieting
- Health problems & anorexia
- Bulimia nervosa
- Signs of bulimia
- Personality traits & bulimia
- Risk taking & addictive behaviours
- Purging
- Medical complications due to purging
- Binge eating disorder
- Health problems & binge eating disorder
- Treating eating disorders
- Types of treatments
- Therapy
- When to seek medical attention
- Eating disorders and hospitalisation
- Recovery

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