

PAIN MANAGEMENT



Product Syllabus:

- What is pain?
- Causes of pain
- Referred pain
- Transient pain
- Acute pain
- Chronic pain
- Depression & stress
- Alcohol & recreational drugs
- Children & pain
- Elderly people & pain
- Barriers to pain management
- Communication
- Factors affecting reporting pain
- Identifying pain
- Caring for someone with pain
- Pain assessment
- Pain assessment tools
- Care plans & pain
- Pain diaries
- Medication
- Surgery
- TENS machine
- Hot & cold treatments
- Activities & exercise
- Diet
- Alternative therapies

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